

WORKSHOPS AND KEYNOTES

A respected and knowledgeable speaker, Settles has provided keynotes, workshops and lectures local, regional and national conferences and professional development trainings throughout the Midwest. She has been a regular presenter for juvenile justice, mental health, counseling and youth conferences, as well as to historical and gardening organizations on a variety of topics close to her heart: Gardening, Technology, History, and Genealogy.

NOTES

1. I tailor each presentation to the audience, so it is helpful for me to have information about to whom I will be presenting and their prior knowledge of a topic.
2. Ideally, smaller groups are best for interactive workshops, but I am happy to present to larger groups.
3. A visit is more successful if the audience is well-prepared. I usually provide digital copies of handouts before the presentation for prior review or to pass out day of.
4. Prior to my visit, I will be in touch about the kind of supplies that I need for my presentations. Here are some things I often request:
 - Large Screen
 - Microphone (depending on event space)
 - 2 display tables (6' each) up front of on stage.
 - Water

FEES & HONORARIUM

My fees/honorarium is based on the type and scope of the presentations I have. Generally speaking, my fees are \$100/hour plus expenses if beyond Fayette County. But I'm a strong believer in gardening, the natural world, public libraries and public schooling, so I understand limitations. Contact me directly to work together to make this happen!

GARDENING TALKS

As a lifelong gardener, trained as an Extension Master Gardener by Fayette County Extension at the University of Kentucky, and member of many gardening groups, I have developed both basic and specialty talks for both adults and schools. I am available for in-person or virtual talks to teens and adults. Contact me for rates and dates.

- Gardening 101—the basics
- Edible Gardening—growing your food
- The Language of Flowers—send a message
- Herbs, Herbs, Herbs—seasonings, wellness, infusions
- The Fig Whisperer—low maintenance and HIGH YUM!
- Leave No Child INSIDE!—this is an adult presentation of research and methods that increase love of nature

HISTORY PRESENTATIONS

All my life I have been a history buff, working on genealogy as early as grade 7, amassing family and historical photos, documents, stories, folklore and more. Dr. William Janssen Dr. Thomas Clark at the University of Kentucky really amped up my interest as an undergraduate.

- Prohibition in Kentucky—bourbon Recipes and anecdotes
- Tracing my Family Tree—anecdotes, barriers and successes

WRITING PRESENTATIONS

I've wanted to be writer and author since I began devouring books at a very young age. My mother actually removed all the light bulbs in my bedroom so I wouldn't be able to stay up late reading. Fortunately for me, she forgot the closet, which is where she found me the next morning asleep among my shoes. My writing life has two purposes—to inform and entertain others, and to encourage others to join my craft.

- Writing the Expert Book—an “expert book” is a great “value added” option for businesses
- Up in Front— Public Speaking doesn't have to be scary.
- One-on-One Mentoring—through the Carnegie Center for Literacy and Learning Mentoring Program.